

Leaflet nhenhe nurse, doctor ante expert mape-le mpwareke kalte mape age care-enge. Journey unteme nhenhe aneme tyerry-ke age care mwerre anetyenhenge. Leaflet alphenhe-ke question alayaketyeke arntarnteretyenhenge mwerre-enge. Nhenhenge downloaded anetyenhenge: www.10questions.org.au

Unte mwerre leaflet nhenhe mwerre awetyeke:

- Nhenhe itne areme age care apmere mwerre-ke unteme.
- Aterreme apmere age care mwerre-ke apeke.
- Age care alphenhe nhenhe arlke areme same akwenhe anememe.

Important anthurre kwenhe atnenhetyeke registered nurse warrkene tyerry mape mwerre arntarnteretyeke apeke. Unte alaketyeke questions nthakenhe itne ngenhe arntarnte aretyenhe unte yanhele apeke aneme.

Warrkene mape itne uniform rante-rante-ke alpmeme. Tyerry nurse arteke areme itne nurse anetyekenhe. Nhenhe alpenhe aneme.

Registered Nurse (RN) itne training three-year Bachelor of Nursing course ampwaretye. Itne akalte anetyenhenge nursing procedures-ke, itne pain medication ante hospital admissions-ke kalte anetyeke.

Enrolled Nurse (EN) warrkene direction RN mape-enge. Both Nurse registered by regulatory body. Registration mwerre atnetyeke professional standards mpwareme mwerre atnetyeke public nhenhe.

Assistants in Nursing (AIN)/Care Workers/ Care Service Employees (CSE) itne warrke-irreme supervision ante direction nurse mape-engtyeke apmere age care-enge community mape-enge. Itne levels training ante role-eke kalte anetyeke.



UNTE ARRATYE ALAYAKETYEKE

Unte apmere mwerre-enge aretyeke unte apeke laykeke apeke alphenheke aretyeke.

Unte ahentye information awethe awetyekeage age care services nhenhe akerte o age care ampere ngkwenge artwele unte contact-emeletyke:

My Aged Care
 **1800 200 422** myagedcare.gov.au

Ngenhe copy anthetyeke Charter of Aged Care Rights-akerte - unte arraty alaketyeke question unte apeke ahentye aneme information awetheke. www.agedcarequality.gov.au/consumers/consumer-rights

Leaflet nhenhe mape-le mpwareke.




List akngerre nhenhe supporting oranisations aretyeke nhenhe araye www.10questions.org.au

Unte apeke ahentye aneme apmere age care facility contact-ke:



Australian Government
Aged Care Quality and Safety Commission

 1800 951 822

www.agedcarequality.gov.au



10 Questions

TYERRY ANTE TORRES STRAIGHT ISLANDER MAPE LAYAKETYEKE APMERE AGE CARE-KE (Arrente)



Anwerne unteme thank-emeleme leaflet nhenhe itne ampwareke Mingaletta Aboriginal ante Torres Strait Islander Corporation - Umina Beach Elders Group, Fairfield Liverpool Elders ante Aboriginal Community Blacktown/Nepean-enge leaflet help-eme.

www.10questions.org.au

Unte apeke apmere-ke areme anetyeke nhenhe araye ngenhe help-eme apeke aletyekenhenge apeke angketyeke Elders Council, Land Council or Aboriginal Medical Service. Unte apeke ahentye aneme angketyeke tyerry community renye mape-enge. Apmere-erlke aretyeke nhenhe-ke Reconciliation Action Plan akerte (RAP). RAP antyeme itne areme apmere mwerre-ke apeke apmere alphenhe mape-engele. Itne merneme ante recognise inequalities layakenhe ante itne tyerry arntarnte-aretyeke Aboriginal ante Torres Strait Islander tyerry mape ante action apeke akngeteke nhenhenge mwerre mpwaretyeke.#

1. Nthankengtyele Tyerry mape nhenhe-le aneme?

● Mwerre kwenhe tyerry angkentye angketyeke culture-arlkekerte nhenhenge experience anetyenhenge traumatic engtyele. Tyerry yanhele anemeke. Unte tyewe anetyeknhe alphenhe mape-ke. Unte mwerre anetyetyeke supportive environment enge.

2. Tyerry & Torres Strait Islander warrkene mape currently employed?

● Itne kwenhe employ-eme ileme tyerry ante Torres Strait Islander People. Aretyeke nthanketyele warrkene mape itne atneme itne warrkene awethe-ke areme warrke irreyeke. Pure irreyeke anetyeke questions mape-ke alayaketyeke tyerry apeke warrke irreme yanhele itne help-emeleme. Rights ngkwinhe tereirryele angketyeke questions mape alayaketyeke. Itne apeke warrkene mape culture arntwe arteke atneme itne unteme ngenhe help-emeleme unte move in arrerlenghe.

3. Unte-eme warrkene mape cultural training anthepe-atheme?

● Warrkene mape aretyeke itne apeke cultural training mpwareke warrkenhe new one mape-ke ante itne apeke warrkene mape refresher training awethe mpwareme. Policy unteme anetyeke cultural respect warrkene ante ampere-le aneme mape-ke. Layaketyeke racial conflict nhenhe akerte akngerre irreme-aketyenge.

4. Nhtakenhe unteme unte support-emeletyenne cultural identity apmere nhenhe?

● Unte layaketyeke routines iwenhe itne atneme nhenge itne apeke merne arlkweme akethenge or garden akerte merne putye-arenye akerte unte unte merne yanhe-ke angkeme. Important kwenhe aneme unte alayaketyeke National events NAIDOC week, Mabo Day ante National Sorry Day nhenge alengere itne celebrate-emeleme nhenhe-ke arlke local cultural significant events.

5. Nthakenhe unte support-emeleme cultural identity apmere akethenge?

● Unte active anetyeke community ngkwinhenge unte apeke ahentye. Support-emeletyeke akaethele apeke anetyeke community ngkwinhenge ante warrkene-arleke ante transport provide-emeletyeke. Aretyeke apeke mane awethe aneme-aketyenge. Unte apeke young aneme aketyenge ante active tyerry alphenhe mape-enge aretyeke support-emeletyeke young people mape.

6. Unte nthaketye recognise ante support-emeleme trauma nhenhe?

● Warrkene mape trained anetyeke tyerry support-emeletyeke tyerry apeke nhenhenge rlkerte irreke Institutional abuse, racism ante trauma nhenhe-arlke ngenhe apeke angkeke ngenge artwe mape-entyele, kin ante ante country ante supporteme-letyeke tyerry culturally appropriate counselling services itne apeke ahenty. Artwork-arlke atnetyeke, pictuers, ante objects apmere atnekenhenge yanhele connect-emeleme culture ante spiritual wellbeing or flag, ante statement acknowledging apmere mwerre warrkene aretyeke culture anwernekenhe.

7. Nthakenhe unte support-emeleme contact akwenge artwe ante tyewe mape-enge?

● Kwenge artwe ante tyewe ngkwinhe ngenhe artyeke alhetyeke. Check-emeletyeke

visiting hours tyerry aletyenhenge ngenhe aretyek akethele-apeke anetyeke hours nhenhenge or overnight apeke. Unte apeke aretyeke ngkwenhe artwe /tyewe nhenhenge communicate or arrangements apeke mpwaretyeke care ngkwinhe-ke. Araye unteme apeke areme itne outdoor garden akerte anetyeke. Cook ante angketye nyente apeke.

8. Nthakenhe ayenge support anetyenne ayaenge apeke rlkerte irrerlenghe arrangkwe irrenge?

● Araye itnenhe-aye ngwenge artwe mape apetyeme apeke ngkwenge anetyeke unte apeke rlkerte irrerlenghe. Araye itnenhe-aye itne apeke experience akert tyerry help-emeletyeke apmere werne alpetyeke. Aboriginal Land Council help-emeleme funeral cost-eke itne aleme warrkene mape specific knowledge help awenhe ngkwenge aneme.

9. Doctor iwenhe unteme aretyeke apetyenhenhe?

● Doctor kwenhe apetyetyekenhe ngenhe aretye itne Telehealth ampwareme. Nhenhe unteme Doctor-le diagnosis ngkwinhe mpwareme online-enge. Alayakenhe unteme Doctors mape-ele itne registered nurses mape ileme treatment mpwaretyeke, Important kwenhe aneme nurses arurthe atnetyeke ante warrke irreme. Doctor layaketyeke iwenhe akalty aneme Tyerry-ke ante Torres Strait Islander health-eke or nhenge itne advice antheme.

10. Nthakenhe itne health atyinhe arntarntereyenhe?

● Law kwenhe aneme Regisered Nurse anetyeke apmere-le 24/7. Unte aretye Nurses warrke irreme tyerry mape mwerre arntarnte-retyeke. Araye nurse warrkene mape itne arurthe apeke yanhele aneme ante itne apeke mape arntarnte-reme.